

Time Capsule Checklist

Find an empty shoe box, coffee tin, or other sturdy container.

Decorate the outside with paint, wrapping paper, tin foil, or paper.

Be sure to give it a title and write the open date somewhere it can be seen! Now, think carefully of what you want to put inside.

Activity

- Write a letter to yourself or a loved one
- Make a hand print painting
- List your favorite things (food, drink, movie, book, song, animal, sport, athlete, subject, candy, game)
- List your least favorite things
- Give your future self advice
- Write fun facts about yourself
- When I grow up, I want to be...
- List the sports you play
- Describe a typical Saturday
- Write an autobiography
- Sign your signature

Item

- School or sports photo
- Family photo
- House photo
- Pet photo
- A penny from this year
- Report card or assignment you did well on
- Trophy or medal
- Favorite family recipe
- Piece of jewelry
- News article
- A small toy
- Piece of clothing
- Lock of hair
- Piece of artwork

My idea list