SENSORY BAG IDEAS
Mix and match the following items!

**WET**
- Water
- Oil
- Aloe vera gel
- Hair gel
- Water beads
- Playdough
- Soap
- Shampoo
- Conditioner
- Body wash
- Shaving Cream
- Paint
- Food coloring
- Canned/frozen foods
- Eggs
- Yogurt
- Pudding

**DRY**
- Rice
- Beans
- Pasta
- Oatmeal
- Flour
- Cornstarch
- Cereal
- Grits
- Coffee beans
- Popcorn kernels
- Bird seed
- Leaves/flowers
- Beads
- Feathers
- Confetti
- Paper
- Ribbon
- Small toys
- String
- Glitter
- Buttons
- Magnets
- Bottle caps
- Puzzle Pieces

Some food items can be used cooked or uncooked!
Duct tape bags to the ground, wall or table top for stationary play!
Duct tape around all edges of the bag for mobile play!